

Morristown Endodontics, PLLC

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POSTOPERATIVE INSTRUCTIONS

After your endodontic (root canal) treatment is complete, taking over the counter analgesics before the numbness wears off will help maintain your comfort. Please wait to eat, chew, or drink hot liquids on the affected side until the numbness has worn off.

Mild tenderness and discomfort in the area is normal for up to two weeks. The inflammation surrounding the tooth takes time to heal much like getting a bruise. Discomfort in the area does not affect the successful outcome of treatment. Warm salt water rinses may help alleviate any tenderness in the gums around your tooth.

If your health permits, a combination of over the counter analgesics such as Ibuprofen and Tylenol for 2 to 3 days has been proven best to relieve discomfort. The maximum adult dosages are listed below. Prior to taking this medicine, please discuss first with our office to make sure you have no medical contraindications.

- (1) Motrin (Ibuprofen) 800mg every 6 hours
 - Do not exceed 3,200mg of Motrin (Ibuprofen) in 24 hours
- (2) Tylenol (Acetaminophen) 1000mg every 8 hours
 - Do not exceed 3,000mg of Tylenol (Acetaminophen) in 24 hours

Antibiotics are not required in a majority of cases. If antibiotics were prescribed, please take them as directed. In the unlikely event that swelling, fever, or severe pain occurs, please call our office immediately.

A temporary filling has been placed in the access made for treatment. It is important that the temporary filling stays intact until the permanent restoration is placed by your general dentist. The temporary filling is only made to last short-term, so you must follow-up immediately with your general dentist. A permanent restoration is required to protect your tooth against fracture, decay, infection, and tooth loss.

If you have any questions or concerns, please do not hesitate to call our office. Thank you!

After Hours Emergencies: **(423) 621-2002**