

## Morristown Endodontics, PLLC

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### ORAL SEDATION (MINIMUM SEDATION)

You have scheduled an appointment that involves oral sedation. There are certain requirements and precautions you need to be aware of before your appointment. Please call us if you have any questions.

#### What is Oral Conscious Sedation?

- This minimum level of sedation (anxiolysis) allows for patients to maintain consciousness and their airway, while reducing anxiety. Memory, anxiety, and fear are reduced. You should feel comfortable and relaxed, while still being awake.

#### How is it administered?

- After your consultation, a prescription is called into your local pharmacy. The patient picks up the prescription and brings it to our office. Please wait to take the prescription until after you arrive and our staff has instructed you. The medicine takes effect in about 30 minutes. Our office will monitor your vitals during the procedure to ensure safety.

### INSTRUCTIONS

- NPO – No food 8 hours prior and nothing to drink 2 hours prior to treatment.
- Please remove finger nail polish, acrylic nails, or false fingernails.
- Please wear loose, comfortable clothing. Please remove any loose jewelry and contact lenses.
- You must have someone drive you to the office, remain in the office during the procedure, and drive you home.
  - All escorts must be at least 18 years of age or older.
  - For patients under the age of 18, the escort must be a parent or legal guardian.
  - The procedure will not begin unless your escort is present.
- The Rx Sedative will be taken in the office. Please arrive 30 minutes prior to the appointment.
- For your safety, it is required to wait until all sedative effects are gone before driving, operating heavy machinery, making legal decisions, or caring for children. Sedative effects, such as drowsiness, may last up to 24 hours.
- Do not consume alcohol or other depressants with this medication.

INFORMED CONSENT – ORAL SEDATION

- I understand that the purpose of oral sedation is to make the procedure and environment more comfortable by reducing anxiety.
- Oral sedation is elective and not a requirement for treatment.
- Rx Triazolam (Halcion) may cause drowsiness, reduced state of awareness, and/or a decreased ability to respond.
- I understand the alternatives to oral sedation are no sedation or referral to another dental specialist for deep or general sedation
- Due to individual patient responses, inadequate sedation can occur.
- Uncommon risks involved with oral sedation may require medical attention, hospitalization, and/or loss time from work.
- Oral sedation may impair my ability to discuss treatment options with my doctor. I authorize my doctor to make the best clinical decision on my behalf.
- Oral sedation with Rx Triazolam (Halcion) cannot be given to anyone pregnant or breastfeeding. I attest that I am not pregnant or currently breastfeeding.
- I have truthfully disclosed all medical history, medications, and known allergies.
- I understand I cannot operate machinery or drive within 24 hours of taking this medication.
- I will not make legal decisions or care for minors/children within 24 hours of taking this medication.
- I understand that I have been advised not to consume alcohol or take any additional sedatives with this medication.
- I understand the benefits, treatment plan options, limitations, and risks involved.
- I have had the opportunity to discuss oral sedation and my questions have been answered.

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Patient Name (Print)

Date

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Patient / Legal Guardian Signature

Date

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Witness Signature

Date